

Basics to remember when talking to teens about someone who has died from suicide:

- They want to know that their feelings are okay no matter what they are.
- They want to feel loved and valued.
- They want to know that nothing they said, did, or thought caused this death.
- They need to have a place to grieve and opportunity for open and direct dialogue with peers and adults.
- They need to know that why? will never be answered.



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