

# Linkages to Learning



The Linkages to Learning program at Wheaton Woods Elementary School assists students and their families by offering a wide variety of services aimed at helping children succeed in all areas of life, particularly in school, at home, and within the community.

### Our Team and Services We Provide:

#### Jennifer Cruz

Community School Coordinator 240.740.0238 240.686.5509 Google # Jcruz@every-mind.org

## Byron R. Diaz

Family Case Manager 240.740.0237 202.306.7536 Cell BDiaz@every-mind.org

Kaitlyn Lizama, LMSW
Child & Family Therapist
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## **Community School Coordinator**

- Assesses the strengths and needs of the entire school community and provides programs and educational opportunities to meet those needs.
- Examples of some programs offered could include:
  - · Afterschool programs
  - · ESOL classes
  - Summer Camps
  - Parent/Youth Governance Committee
  - · Parent Workshops

#### Family Case Manager

- · Case management services including:
  - Basic needs like clothing and food
  - · Employment assistance
  - Eligibility and financial resources
  - Referrals to access services and supports in the community to reach individualized goals
- · Peer support groups
- · Workshops for parents on important topics such as:
  - Immigration
  - Housing
  - Finances
  - Legal issues
  - Parenting skills

#### **Child and Family Therapist**

- Individual early intervention and prevention mental health therapy sessions with students
  - To address topics including: life transitions (divorce, grief/loss, reunification), social skills, self-esteem, coping with stress and anger, coping with emerging signs of anxiety and depression
- Family therapy (sessions with siblings, parents, whole families)
- Groups on a variety of topics including social skills, anger management, and coping skills
- Consultation for teachers on classroom behavior management technique