



Inspiring girls to be joyful, healthy and confident.

# GIRLS ON THE RUN

SPRING 2025 SEASON

SEASON DATES: MARCH 9TH - MAY 23RD

ONLINE REGISTRATION OPENS: TUESDAY, FEBRUARY 11TH AT 9AM

REGISTRATION CLOSES: THURSDAY, MARCH 20TH AT 5PM

REGISTRATION IS FIRST COME, FIRST SERVE.

[WWW.GIRLSONTHERUNOFMOCO.ORG](http://WWW.GIRLSONTHERUNOFMOCO.ORG)



**WHAT:** Girls on the Run is a transformational physical activity-based positive youth development program. We teach life skills through dynamic, interactive lessons and running games. The program aims to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. **Completing a 5K on May 18th** gives them a tangible opportunity to apply everything they have learned. Each participant receives a program t-shirt, water bottle, entry to the GOTR 5K, and a finisher medal.

**WHO:** The program is open to girls in 3<sup>rd</sup>-5<sup>th</sup> grade.

**WHERE:** Stonegate ES 14811 Notley Road

**WHEN:** Tuesday 3:30 PM – 4:45 PM and Thursday 3:30 PM – 4:45 PM

The team will meet twice per week for ten weeks, starting the week of March 9th and ending on May 23rd.

**COST:** \$187.50

**FINANCIAL AID:** The online registration process includes the fee reduction approval process. Simply answer the financial aid questions during registration, and the computer will determine your eligibility and adjust the fee accordingly.

**HOW:** Register [here](#) to sign up by March 20th. Space is limited.

**QUESTIONS?** Visit [www.girlsontherunofmoco.org](http://www.girlsontherunofmoco.org) or call 301-881-3801 for more information.

*These materials are neither sponsored nor endorsed by the Board of Education of Montgomery County, the superintendent of schools, or this school.*

