

Quick Fixes to Avoid & Resolve Conflicts



When it's a question of who goes first and friends want the same thing...FLIP A COIN (or "Rock, Paper, Scissors")

Leave it to chance. It's fast. It's fair.

Example *"Heads, you choose the music. Tails, I do."*



When it's a question of who gets to decide then give a little to get a little...SPLIT THE DIFFERENCE

Meet each other halfway. It's the simplest form of compromise.

Example *"How about I get to choose the music for 15 minutes, then we can play whatever music you want for 15 minutes."*

Skip.....iT

When the argument isn't all that important...SKIP IT

Some things just aren't worth arguing about.

Example *"Let's not argue about who's a better biker. You're better at racing and I'm better at jumping. No big deal."*



When it's a question of being wrong or hurting someone's feelings admit your mistake...SAY AN APOLOGY

Say you're sorry and how it will be better in the future.

"I'm sorry for taking your ball without asking. I promise to always ask you first," so they can reply, *"Thank you for saying you're sorry."*