



TEXT 2B HEALTHY

FOOD AND FUN! TEXTING TIPS FOR FAMILIES

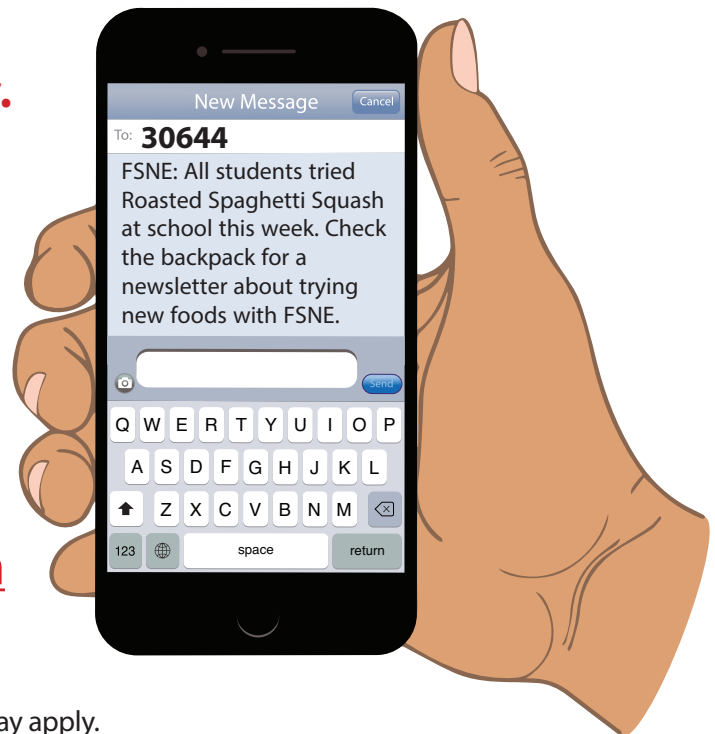


Learn about healthy activities going on in the school and your community. Sign up for Text2BHealthy!

Sign up to get 1-2 messages a week to help you:

- Save money at the grocery store
- Find healthy events in your community
- Try new recipes at home
- Be active as a family

Text _____ to 30644
or visit www.text2bhealthy.com
to sign up!



Reply **STOP** to quit, **HELP** for more info. Message and data rates may apply.



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